

## Consent Form

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### Course of treatment

Generally, conditions of shorter duration require shorter lengths of treatment, while longstanding conditions may require months or even years of treatment. Factors which can impact the length and course of treatment include frequency of visits, compliance with herbal prescriptions, lifestyle/behavioral dynamics (diet, exercise, stress level, etc.), your history and constitution, and other factors. During your initial session, I will make recommendations regarding the length and course of your treatment; please feel free to discuss the course of your treatment with me at any time.

### Risk

Acupuncture, Chinese herbal medicinals, and related therapies are generally safe when administered by a licensed practitioner. However, as with any medical procedure, side effects and/or negative outcomes may occur, including but not limited to: Treatment with acupuncture needles may result in pain, bruising, bleeding, or swelling; on rare occasion, pneumothorax, internal bleeding, or fainting may occur. Moxibustion may result in irritation to the eyes, nose, lungs, or skin, and may also cause burns. Cupping may cause pain, and usually leaves a mark resembling a bruise on the site of application (these marks generally dissipate within a week). Treatment with heat lamps and liniments may result in skin irritations and/or burns. Chinese herbal medicine may taste unpleasant, and may cause digestive discomfort or other side effects (herbs I prescribe for you should be taken only in the manner prescribed). I make every effort to provide patients with safe, high quality herbal medicinals, either directly or through outside vendors; however, I cannot be responsible for any problems related to product quality, or errors on the part of outside vendors. If at any time you believe you may be experiencing a treatment side effect of any kind, please inform me as soon as possible, or, if appropriate, seek immediate medical care by calling 911 or going to an emergency room.

### Attendance

24 hours advance notice is required for cancellation of an appointment. If you fail to attend a scheduled treatment appointment, or need to cancel an appointment with less than 24 hours notice, you will be charged the full fee.

### Fees

You are responsible for all fees (or copay, if applicable) at the time of service. If you are utilizing your health insurance coverage to pay for your treatment, you remain responsible for all fees, regardless of the status or ultimate outcome of your insurance claim.

### Contact

Please feel free to call me at 510/486.1988 at any time; I will return your call as soon as possible. However, in the event that you are experiencing a medical emergency, please seek whatever immediate assistance is appropriate, including calling 911 or going to a hospital emergency room.

### **By signing below, you acknowledge that you have thoroughly read and agree to the above, and that:**

- You give your consent to receive treatment (acupuncture, Chinese herbal medicine, and other modalities, as clinically appropriate);
- If you experience any changes in your medical or psychological condition, health status, prescription medications, or herb/supplement regimen, you will inform me as soon as possible;
- If you are pregnant, think you may be pregnant, or are trying to become pregnant, you will inform me prior to any treatment session.

\_\_\_\_\_  
Name

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date